Case 11-16630-BFK Doc 1 B1 (Official Form 1) (4/10)

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United S Easte	Voluntai	ry Petition			
Name of Debtor (if individual, enter Last, First, M	ern District of Virgin  Middle):		nt Debtor (Spouse) (Last, F	irst, Middle):	
Fitness Resource, Inc.					
All Other Names used by the Debtor in the last 8 years (include married, maiden, and trade names):  None		All Other Names used by the Joint Debtor in the last 8 years (include married, maiden, and trade names):			
Last four digits of Soc. Sec. or Individual-Taxpay (if more than one, state all): EIN: 54-09001			its of Soc. Sec. or Individua one, state all):	l-Taxpayer I.D. (IT	IN) No./Complete EIN
Street Address of Debtor (No. and Street, City, a 22714 Glenn Drive	and State)	Street Addre	ess of Joint Debtor (No. and	Street, City, and St	tate
Suite 130 Sterling, VA ZIPCODE 20164		1			ZIPCODE
County of Residence or of the Principal Place of	County of R	esidence or of the Principal	Place of Business:		
Loudoun					
Mailing Address of Debtor (if different from stre	et address):	Mailing Add	dress of Joint Debtor (if diff	erent from street ad	ldress):
	ZIPCODE	1			ZIPCODE
Location of Principal Assets of Business Debtor	(if different from street address a	bove):			ZIPCODE
22714 Glenn Drive, Suite 13					20164
Type of Debtor (Form of Organization) (Check one box)  Individual (includes Joint Debtors)	Nature of Business (Check one box) Health Care Business Single Asset Real Estate as def	fined in	Chapter 7	Bankruptcy Code Vion is Filed (Check	one box)
See Exhibit D on page 2 of this form.  Corporation (includes LLC and LLP)	11 U.S.C. § 101 (51B) Railroad		☐ Chapter 9  ✓ Chapter 11	Main Procee	
Partnership	Stockbroker		Chapter 12	Chapter 15 I	Petition for of a Foreign
Other (If debtor is not one of the above entities, check this box and state type of entity below.)	Commodity Broker Clearing Bank		Chapter 13	Nonmain Pr	
	Other Commercial and retail sale	es	N (( Debts are primarily	Check one box)	
	Tax-Exempt Entity		debts, defined in 1	1 U.S.C. 🚺	Debts are primarily
	(Check box, if applical  Debtor is a tax-exempt orgunder Title 26 of the United Code (the Internal Revenue	anization d States	§101(8) as "incurre individual primaril personal, family, o purpose."	y for a	business debts
Filing Fee (Check one be	ox)	Chec	ck one box: Chapter 1	1 Debtors	
Full Filing Fee attached		Debtor is a small business as defined in 11 U.S.C. § 101(51D)  Debtor is not a small business as defined in 11 U.S.C. § 101(51D)			
Filing Fee to be paid in installments (Applica	able to individuals only) Must at	~-	☐ Debtor is not a small business as defined in 11 U.S.C. § 101(51D)  Check if:		
signed application for the court's consideration to pay fee except in installments. Rule 10060	able	Debtor's aggregate noncontingents asiders or affiliates) are less that when the search three years	n \$2,343,300 (amount		
Filing Fee waiver requested (applicable to ch attach signed application for the court's cons	.       <i>1</i>	ck all applicable boxes  A plan is being filed with the  Acceptances of the plan were  nore classes, in accordance	e solicited prepetiti		
Statistical/Administrative Information		-	note chappes, in accordance	with 11 cibici 3 1	THIS SPACE IS FOR
Debtor estimates that funds will be available for dist  Debtor estimates that, after any exempt property is e distribution to unsecured creditors.	ribution to unsecured creditors. excluded and administrative expenses	paid, there will	be no funds available for		COURT USE ONLY
Estimated Number of Creditors			ПП	П	1
1-49 50-99 100-199 200-999	1000- 5,001- 5000 10,000	10,001- 25,000	25,001- 50,000 50,001- 100,000	Over 100,000	]
Estimated Assets  \$0 to \$50,001 to \$100,001 to \$500,001 \$50,000 \$500,000 to \$1 million	\$1,000,001 \$10,000,001 to \$10 to \$50 million million	\$50,000,001 to \$100 million	\$100,000,001 \$500,000,0 to \$500 to \$1 billio million		
Estimated Liabilities  \$0 to \$50,001 to \$100,001 to \$500,001 to \$1 million	\$1,000,001 \$10,000,001 to \$10 to \$50 million million	\$50,000,001 to \$100 million	\$100,000,001 \$500,000,0 to \$500 to \$1 billio million		

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Voluntary Petition  (This page must be completed and filed in every case)  Document  Name of Debtor(s):  Fitness Resource, Inc.					
	All Prior Bankruptcy Cases Filed Within Last 8 Years (	If more than two, attach additional sheet)			
Location Where Filed:	NONE	Case Number:	Date Filed:		
Location Where Filed:	N.A.	Case Number:	Date Filed:		
	nkruptcy Case Filed by any Spouse, Partner				
Name of Debtor:	NONE	Case Number:	Date Filed:		
District:		Relationship:	Judge:		
Exhibit A  (To be completed if debtor is required to file periodic reports (e.g., forms 10K and 10Q) with the Securities and Exchange Commission pursuant to Section 13 or 15(d) of the Securities Exchange Act of 1934 and is requesting relief under chapter 11)		Exhibit B  (To be completed if debtor is an individual whose debts are primarily consumer debts)  I, the attorney for the petitioner named in the foregoing petition, declare that I have informed the petitioner that [he or she] may proceed under chapter 7, 11, 12, or 13 of title 11, United States Code, and have explained the relief available under each such chapter.  I further certify that I delivered to the debtor the notice required by 11 U.S.C. § 342(b).			
Exhibit A i	s attached and made a part of this petition.	XSignature of Attorney for Debtor(s)	Date		
Exhibit D  (To be completed by every individual debtor. If a joint petition is filed, each spouse must complete and attach a separate Exhibit D.)  Exhibit D completed and signed by the debtor is attached and made a part of this petition.  If this is a joint petition:  Exhibit D also completed and signed by the joint debtor is attached and made a part of this petition.					
<b>□</b>	Information Regarding the Debtor - Venue (Check any applicable box)  Debtor has been domiciled or has had a residence, principal place of business, or principal assets in this District for 180 days immediately preceding the date of this petition or for a longer part of such 180 days than in any other District.				
	There is a bankruptcy case concerning debtor's affiliate, general partner, or partnership pending in this District.				
	Debtor is a debtor in a foreign proceeding and has its principal place of business or principal assets in the United Sates in this District, or has no principal place of business or assets in the United States but is a defendant in an action or proceeding [in federal or state court] in this District, or the interests of the parties will be served in regard to the relief sought in this District.				
	Certification by a Debtor Who Resi (Check all ap	des as a Tenant of Residential Prop	erty		
	_				
	(Name of I	andlord that obtained judgment)			
	(Address	of landlord)			
	Debtor claims that under applicable non bankruptcy law, there are circumstances under which the debtor would be permitted to cure the entire monetary default that gave rise to the judgment for possession, after the judgment for possession was entered, and				
	Debtor has included in this petition the deposit with the court of any rent that would become due during the 30-day period after the filing of the petition.				
	Debtor certifies that he/she has served the Landlord with this certification. (11 U.S.C. § 362(1)).				

Case 11-16630-BFK Doc 1 Filed 09/09/11 Entered 09/09/11 12:02:55 Desc Main Document Page 3 of 4 **B1** (Official Form 1) (4/10) Page 3 Name of Debtor(s): **Voluntary Petition** (This page must be completed and filed in every case) Fitness Resource, Inc. **Signatures** Signature of a Foreign Representative Signature(s) of Debtor(s) (Individual/Joint) I declare under penalty of perjury that the information provided in this petition is true and correct. [If petitioner is an individual whose debts are primarily consumer debts and I declare under penalty of perjury that the information provided in this petition has chosen to file under chapter 7] I am aware that I may proceed under is true and correct, that I am the foreign representative of a debtor in a foreign chapter 7, 11, 12, or 13 of title 11, United States Code, understand the relief proceeding, and that I am authorized to file this petition. available under each such chapter, and choose to proceed under chapter 7. [If no attorney represents me and no bankruptcy petition preparer signs the (Check only one box.) petition] I have obtained and read the notice required by 11 U.S.C. § 342(b). I request relief in accordance with chapter 15 of title 11, United States I request relief in accordance with the chapter of title 11, United States Code. Certified copies of the documents required by § 1515 of title 11 are Code, specified in this petition. attached Pursuant to 11 U.S.C.§ 1511, I request relief in accordance with the chapter of title 11 specified in this petition. A certified copy of the order granting recognition of the foreign main proceeding is attached. Signature of Debtor (Signature of Foreign Representative) Signature of Joint Debtor (Printed Name of Foreign Representative) Telephone Number (If not represented by attorney) (Date) Date Signature of Attorney\* Signature of Non-Attorney Petition Preparer /s/ Kermit A Rosenberg Signature of Attorney for Debtor(s) I declare under penalty of perjury that: 1) I am a bankruptcy petition preparer as defined in 11 U.S.C. § 110, 2) I prepared this document for compensation, KERMIT A ROSENBERG (VSB #14975) and have provided the debtor with a copy of this document and the notices Printed Name of Attorney for Debtor(s) and information required under 11 U.S.C. § 110(b), 110(h), and 342(b); and, 3) if rules or guidelines have been promulgated pursuant to 11 U.S.C. § 110 Butzel Long Tighe Patton, PLLC setting a maximum fee for services chargeable by bankruptcy petition Firm Name preparers, I have given the debtor notice of the maximum amount before any document for filing for a debtor or accepting any fee from the debtor, as 1747 Pennsylvania Avenue, N.W., Suite 300 required in that section. Official Form 19 is attached. Address Washington, D.C. 20006-4604 Printed Name and title, if any, of Bankruptcy Petition Preparer 202.454.2800 Telephone Number Social Security Number (If the bankruptcy petition preparer is not an individual, state the Social Security number of the officer, principal, responsible person or partner of the bankruptcy petition preparer.) (Required by 11 U.S.C. § 110.) \*In a case in which § 707(b)(4)(D) applies, this signature also constitutes a certification that the attorney has no knowledge after an inquiry that the information in the schedules is incorrect. Address Signature of Debtor (Corporation/Partnership) I declare under penalty of perjury that the information provided in this petition is true and correct, and that I have been authorized to file this petition on behalf of the debtor. The debtor requests relief in accordance with the chapter of title 11, Date United States Code, specified in this petition. Signature of bankruptcy petition preparer or officer, principal, responsible person, or partner whose Social Security number is provided above. X /s/ David E. Nees Signature of Authorized Individual Names and Social Security numbers of all other individuals who prepared or assisted in preparing this document unless the bankruptcy petition preparer is DAVID E. NEES not an individual: Printed Name of Authorized Individual If more than one person prepared this document, attach additional sheets conforming to the appropriate official form for each person. Title of Authorized Individual A bankruptcy petition preparer's failure to comply with the provisions of title 11 9/8/11 and the Federal Rules of Bankruptcy Procedure may result in fines or Date imprisonment or both 11 U.S.C. §110; 18 U.S.C. §156.

## RESOLVED:

Date: August 26, 2011

That Fitness Resource, Inc., a Virginia corporation ("Corporation"), hereby recognizes its inability to pay certain debts and its desire to file a voluntary petition under Chapter 11 of Title 11, United States Code (Bankruptcy Code).

That David E. Nees, President, be, and he hereby is, for and on behalf of the Corporation, authorized to file a voluntary petition under Chapter 11 of the Bankruptcy Code in the United States Bankruptcy Court in such jurisdiction as the Corporation and its counsel determine, for the purpose of having the Corporation reorganized pursuant to Chapter 11 of the Bankruptcy Code, and thereafter to take such action as may be required in connection therewith.

That Kermit A. Rosenberg, of the law firm of Butzel Long Tighe Patton, PLLC, a duly licensed and practicing attorney-at-law, whose offices are located at 1747 Pennsylvania Avenue, N.W., Suite 300, Washington, D.C. 20006-4604, be, and he hereby is, appointed as counsel for the Corporation and authorized to prepare and file the voluntary petition as aforesaid, and in collaboration with the President, to arrange for the filing thereof and thereafter to conduct all proceedings in connection therewith on behalf of the Corporation.

That the President be, and he hereby is, authorized on behalf of the Corporation to advance the attorney's fee retainer and filing fees for filing the voluntary petition as aforesaid and all other documents to be filed in connection therewith; and that all actions taken by the President and the said attorney within the scope of the Resolution be, and the same hereby are, adopted, ratified, and confirmed.

/s/ David E. Nees	/s/ Steven Renfrow
David E. Nees	Steven Renfrow
Chairman of the Board and Director	Director
/s/ Robert Colls	/s/ Kathleen Rawson
Robert Colls	Kathleen Rawson
Director	Director